



GENERAL INFORMATION

Event:	7 TH ANNUAL RICHARD COLLIER BIG KAHUNA THROWSFEST
Dates:	Meet 1 – Saturday May 20, 2023 / Meet 2 – Sunday May 21, 2023
Host:	Kajaks Track & Field Club
Sanctioned:	BC Athletics / World Athletics Sanctioned
Location	Collier Throws Center Minoru Park 7191 Granville Avenue Richmond, BC V6Y 4G2
Entry Fees:	\$20.00 per event / per athlete / per meet (before entry deadline) \$30.00 per event / per athlete / per meet (after deadline – day of event)
Entry Deadline:	Wednesday May 17, 2023 by 11:59pm
Registration:	[Link]
Age Groups:	Junior Development 9 to 13 / U16 / U18 / U20 / Open (20y+) / Masters / Para
Weigh-ins:	Located at the Collier Throws Center. Weigh-ins will be open from 8:00am to the end of the meet. All implements must be weighed in prior to the start of the event. Please note the rolling schedule so please arrive early.
Attempts	Six (6) attempts for all athletes except Junior Development. Junior Development (JD) will receive 3 attempts per BCA rules.
Schedule:	Both Meet 1 and Meet 2 will be a rolling schedule. Please allow yourself plenty of time to arrive as some events may move faster than others. In cases where numbers are low, we may combine genders/age groups.

SCHEDULE OF EVENTS (FINAL)

NOTE: ROLLING SCHEDULE

MEET 1

SATURDAY | MAY 20, 2023

8:00 AM	Weigh-Ins Open			
9:00 AM	Shot Put	Women	JD 9 – Masters	8 Throwers
	Shot Put	Men	JD 9 – Masters	9 Throwers
	Hammer Throw	Women	JD 12 – Masters	9 Throwers
	Hammer Throw	Men	JD 12 – Masters	9 Throwers
	Discus Throw	Women	JD 12 – Masters	9 Throwers
	Discus Throw	Men	JD 11 – Masters	9 Throwers
	Javelin Throw	Women	JD12 – Masters	8 Throwers
	Javelin Throw	Men	JD12 – Masters	8 Throwers

MEET 2

SUNDAY | MAY 21, 2023

9:00 AM	Weigh-Ins Open			
10:00 AM	Shot Put	Mixed	JD 9 – Masters	9 Throwers
	Hammer	Women	JD13 – Masters	9 Throwers
	Hammer	Men	JD 13 – Masters	7 Throwers
	Discus	Mixed	JD 13 – Masters	10 Throwers